

INDRAH G. MONG'ARE ONWONG'A

Medical Surgical Nursing Department
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EDUCATION

- Jan 2020** **PhD Student in Nursing**
– **Date** University of the Witwatersrand
- 2012-2014** **MASTER OF SCIENCE IN NURSING INTENSIVE CARE NURSING (ICU Option)**
UNIVERSITY OF THE WITWATERSRAND
Thesis: Nurses' Knowledge related to Pain Assessment for critically ill Patients at a Public Sector Hospital at a Public sector Hospital in Johannesburg
- 2005 – 2009** **BACHELOR OF SCIENCE IN NURSING (BSs.N)**
UNIVERSITY OF EASTERN AFRICA, BARATON
MAJOR: GENERAL NURSING
- 2001-2004** **KENYA CERTIFICATE OF SECONDARY EDUCATION**
NAIVASHA GIRLS SECONDARY SCHOOL, NAIVASHA-KENYA
- 1992- 2000** **KENYA CERTIFICATE OF PRIMARY EDUCATION**
ST .GEORGES GRASSLAND ACADEMY

RESEARCH EXPERIENCE

- Nov 2019 –** Pain assessment in the critically ill patient at Jaramogi Oginga Odinga Teaching & Referral Hospital in Kisumu County
- 2018 – Date** **Ongoing departmental research**
Prevalence and risk factors associated with preterm delivery among postnatal women in selected public hospitals in western region of kenya
- Date**
2017 – Date **Research supervision of undergraduate students in BSc. Nursing**
- 2019 Title:** Nurses' perception on barriers to effective management of diabetes mellitus in medical and surgical wards. Jaramogi Oginga Odinga Teaching and referral hospital, Kisumu County – Proposal stage

2018 Title: Nurses' knowledge and practice in Jaramogi Oginga Odinga Teaching and referral hospital regarding prevention of wound infection - Complete

2017 Title: Research title: knowledge and practices of care givers on prevention of intestinal worm infestations among under five's at paediatric inpatient ward in Jaramogi Oginga Odinga teaching and referral hospital – Complete

2014 – 2015 Research assistant at the University of Witwatersrand
Nursing education in Mozambique

2008 – 2009 Knowledge and Perception of utilization of emergency
contraceptive among female students in UEAB

TEACHING EXPERIENCE

July 2017 - Present **MASENO UNIVERSITY**

Lecturer at the Department of Medical Surgical Nursing, School of Nursing

Responsibilities

1. Teach and examine both undergraduate and postgraduate courses in their areas of specialization.
2. Supervise both undergraduate and post graduate students.
3. Initiate and conduct relevant research.
4. Clinical Teaching, Supervision and assessment
5. Participate in departmental, school and university – wide activities
6. Undergraduate student mentorship

Sept 2014 – July 2017 **MASENO UNIVERSITY**

Lecturer Department of Nursing Sciences, School of Medicine

Responsibilities

1. Teach and examine both undergraduate and postgraduate courses in their areas of specialization.
2. Supervise both undergraduate and post graduate students.
3. Initiate and conduct relevant research.
4. Clinical Teaching, Supervision and assessment

5. Participate in departmental, school and university – wide activities
6. Undergraduate student mentorship

Jan 2015 – University of Eastern Africa, Baraton (UEAB)

Dec 2016 Adjunct Lecturer in the department of Nursing Sciences

Responsibilities

1. Teach and examine undergraduate courses in their areas of specialization.
2. Clinical Teaching, Supervision and assessment

Sept 2014 – Kisii University

April 2015 Adjunct Lecturer in the department of Nursing

Responsibilities: Teach and examine undergraduate courses

Mar 2014 – THE KENYA RED CROSS SOCIETY TRAINING SCHOOL
June 2014 **Lecturer**

Responsibilities: Class room and Skills Lab Teaching, Setting & Administering and Marking Exams

Feb 2012 – UNIVERSITY OF THE WITWATERSRAND

Nov 2013 Tutorial fellow for first year students for the faculty of Health Sciences

Responsibilities: Conduct tutorial sessions and assist in lecture teaching.

Jan 2011- MT. KENYA UNIVERSITY

Dec 2011: Graduate assistant

Responsibilities: Class room and Skills Lab Teaching, Setting & Administering and Marking Exams

HONORS AND AWARDS

Apr 2019 **ERASMUS + Global Mobility Scholarship**

2012 & 2013 **POSTGRADUATE MERIT AWARD – UINVERSITY OF WITWATERSRAND, R14000**
For best student in the 2012 and 2013 MSc Nursing Class

2013 **BRADLOW RESEARCH SCHOLARSHIP, R5000**

2013 **LOCAL UNIVERSITY MERIT SCHOLARSHIP, R4000**

PROFESSIONAL MEMBERSHIP

2017 – Present Kenya Intensive Care Nurses

2014 – Present Member of National Nurses Association of Kenya

2010 – Present Active member of the Nursing Council of Kenya (NCK)

SKILLS AND TRAINING

April 2020 Online updated Cardiopulmonary Resuscitation (CPR)

- Jan 2019 Research Ethics for quality and content
- APR 2015 Kenya Expanded Programme for Immunization (KEPI)
- Mar 2014 Emergency Medical Technician trainer
- JUL2014 Basic Life Support (BLS) training certification

LEADERSHIP EXPERIENCE

- July 2017-
Date** In charge of the learning, examination and mentor activities in the department
- April 2015 –
Date** In charge of Indexing students for their student practicing licenses and professional examination preparedness
- Jan 2014 –** Examination and Timetabling officer for the department of July 2017 Nursing
Responsibilities: In charge of the examination process and timetabling for the department.
- 2013 Jan –
Nov 2013** Acting secretary of the East African Students Association, University of the Witwatersrand
- Jan 2011 –
Dec 2011** Church Youth Treasurer

CONFERENCES AND WORKSHOPS

- May 2019 Erasmus + Global Program for Health Africa Network Exchange program on health care in Kenya and Finland for Health sciences students at Tampere University and Seinajoki University
- Oct 2018 Workshop on teaching, and the examination process at Maseno University
- July 2017 Pharmacological management of pain at the University of Nairobi
- Aug 2017 Workshop on research grants at Kisumu hotel
- Feb 2016 Workshops on patient management and pain at University of Nairobi
- Nov 2014 North South - South Health Africa Partnership intensive course Conference
- Mar 2013 Research Workshops: Analysis: Descriptive and Inferential at University of Witwatersrand
- June 2012 Research Workshops: Research Process at University of the Witwatersrand

Aug 2012 Commonwealth Leadership conference at Johannesburg 2012
Oct 2012 Environmental Health Conference-University of the Witwatersrand

PUBLICATIONS

Indrah G.M. Onwong'a. Nurses' Barriers to effective pain assessment in the critically ill Patient at a tertiary hospital in Johannesburg. 54 (5) *Article in international Nursing Review November 2018*

Indrah G.M. Onwong'a , Shelley Schmollgruber, Piet J Becker. Nurses' knowledge related to pain assessment for critically ill patients at a public sector hospital in Johannesburg. *Southern African Journal of Critical Care*. Vol 3, No. 2, 2015. pp 130-145